



From the Top

COUGAR

CEDAR MOUNTAIN SCHOOLS

Pride

cms.mntm.org

FEBRUARY 2017

DISTRICT OFFICE
PO Box 188 • 207 GALLAGER STREET
MORGAN, MN 56266
PH: 507.249.5990 • FAX: 507.249.3149

CEDAR MOUNTAIN ELEMENTARY
PO Box 38 • 231 4TH AVE. E. • FRANKLIN, MN 55333
PH: 507.557.2251 • FAX: 507.557.2116

CEDAR MOUNTAIN MIDDLE/HIGH SCHOOLS
PO Box 188 • 207 GALLAGER STREET
MORGAN, MN 56266
PH: 507.249.5880 • FAX: 507.249.5887

Cougar Cub Daycare Grand Opening!

Cougar Cub Childcare Center opened December 5th in Franklin and is off to a great start! Children are learning, exploring, and engaging in exciting activities every day. The center is licensed for 42 children and currently has 21 enrolled.



This follows the trend of many new daycare centers which start with a fewer number of children and with time are filled to capacity. Currently the infant room is full with a waiting list of 4 infants.

The center has three classrooms; An infant room that is set up for 8 children, toddler room that is ready for 14 children and a preschool room set up for 20 children. Each room must follow the state guidelines for staff to child ratios at all times. The staff and daycare center director, Jody Rose, worked hard to meet the licensing requirements and prepare the center for children. December 5th was an exciting day when they could welcome families into the daycare!

A Parents Advisory Board has been established, the board consists of Jody Rose, one of the center teachers and parents in the center. They will meet about four times a year to discuss how things are going and ideas to continue to make the center a very personable and great place for kids to learn and grow.



Thank you to Franklin Industries Inc., Cedar Mountain Schools and the communities for being supportive of the child care center. This is a great investment made in the lives of children. Anyone who is interested in a tour or if you are in need of childcare can contact Jody Rose at the center at 507-557-2254 or 507-276-1805. There are currently openings for toddlers and preschoolers and future enrollments for infants are taking place.



Mr. Robert Tews
SUPERINTENDENT

Positive Thoughts



So often it seems like negative news makes the headlines while positive news is overlooked. At Cedar Mountain, we are working to consciously develop positive behaviors and attitudes in our students. Here is a partial list of some positives from this year.

Did You Know....

- The Veteran's Day program was hosted by the MS/HS on November 11th in the gymnasium. The program was opened by Cedar Mountain graduate and US Marine Austin Guetter and featured Cedar Mountain graduate and parent Wade Gronau as the speaker. Many community members and veterans were in attendance for the program along with all students and staff for grades 6-12.
- The Child Care Center Open House and tours were held on December 3. The Child Care Center officially opened on December 5.
- A group of Cedar Mountain seniors and NHS students, along with several staff members, helped clean and move in furniture at the child care center on November 29. We have students who are great workers.
- The Cedar Mountain School District received the Disabilities Education Act Compliance Achievement Award for 2015-16, which includes a plaque in recognition of the district's performance, a letter from Commissioner Brenda Casselius, and certificates for special education teachers.
- Damakota, a dance group from the Upper Sioux Community in Granite Falls, performed traditional Dakota dances for Cedar Mountain students and staff. The dancers gave descriptions of the dances as well as the regalia' (outfits) worn.
- We honored 2 staff members who have worked for the school district 20 years. Our 20 Year Apple recipients were Charlotte Hoffmann and Karen Lussenhop.
- 24 Cedar Mountain Blue Crue students attended WE Day at the St Paul Xcel Center on Tuesday, September 20th with their advisors. WE Day is a celebration of youth making a difference in their local and global communities.
- The Elementary School Library received \$648 in proceeds from the Scholastic Book Fair.
- FFA members raised \$1,000 to donate to True Friends camp (formerly called Camp Courage).
- Four Cedar Mountain FFA members, along with FFA Advisor Hannah Wilts, attended the National FFA Convention.
- American Education Week was celebrated from November 14-18 with activities planned for students and staff to celebrate education in America.
- There was great attendance at the Honor Roll Breakfasts for Middle School and High School students. Middle School/High School teachers and staff did the planning, cooking, and clean up. Thank you, staff, for honoring our students at this event.
- Cedar Mountain Preschool is four-star Parent Aware certified. This is the highest rating possible.
- The Yellow Ribbon group is open to students in grades 9-12. The Yellow Ribbon committee is students committed to raising awareness of suicide and mental health issues.
- Cedar Mountain Yellow Ribbon students sponsored the Angel Project. The Angel Project provides presents to students of all ages. This year, over 100 gifts were collected.

Behind the scenes on each of these "Did You Knows" are students and staff members who have worked to make the activity a success. On behalf of Cedar Mountain, I want to thank each of you for your support of our school and students.

Accelerated Reader Program

Congratulations to these great readers!

These children are excited about reading and read during their free time! At Cedar Mountain students take part in the Accelerated Reading Program where they read for enjoyment...take a computerized quiz to check their comprehension...and earn points based on the length and reading level of the book. When students earn 100 points they get a trophy and at 200 they earn a medallion. These students have earned a trophy or medallion this year, way to go! "Good readers make good leaders!"





Mrs. P. Machart
Elementary
PRINCIPAL

Elementary News

In addition to being the principal at Cedar Mountain, I am also a parent of two boys, I guess I should call them “men” now. Our boys are 28 and 18 years old, and the youngest is graduating

this spring. Our lives will be much different this next year. No more parent teacher conferences, waking up kids in the morning, going to high school events, boys hanging out at our house..... I am going to miss all of that! As I reflect back on the years and what is coming ahead in life, I hope that we have done a good job of parenting. Ann Landers said, “*It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings.*”

During our last snow day, I came across a blog on Huffington Post called “10 Common Mistakes Parents Today Make (Me Included)”. It is well worth the read. The author suggests putting more thought into the long term and thinking about what kind of adults do you hope your children will be and then parent with that in mind... what can you do now to help foster that? I may be reading this article

too late – but, want to share with you a couple of mistakes that were pointed out that we as parents may be making.

- **Mistake:** Forgetting our actions speak louder than our words. How you handle rejection and adversity... how you treat friends and strangers... whether you nag or build up others... they notice these things. And the way you respond gives them permission to act the same. If you want your children to be wonderful, you need to aim for wonderful, too. You need to be the person you hope they’ll be.
- **Mistake:** Believing your children are perfect. They all make mistakes. The truth can hurt, but when we listen with an open heart and mind we stand to benefit. We can intervene early before a situation gets out of hand. It’s easier to deal with a troubled child than repair a broken adult.
- **Mistake:** Underestimating CHARACTER. If there’s one thing I hope to get right in my children, it’s their CORE. Character, moral fiber, an inner compass... these things lay the foundation for a happy, healthy future. They matter more than any report card or trophy ever will.

The article concludes by saying: “None of us can force character on our kids, and at age 10 or 15 character won’t mean

much. Children care about short-term gratification, but we, as parents, know better. We know that what will matter at 25, 30 and 40 is not how far they once threw the football, or whether they made cheerleader, but how they treat others and what they think of themselves. If we want them to build character, confidence, strength and resilience, we need to let them face adversity and experience the pride that follows when they come out stronger on the other side.”

In May I will watch one son graduate and in July the other will be getting married. My dream and hope is that they will both be successful and happy in their lives..... and that along the way, we have done a good job parenting to help make that happen!

Based on this year’s parent survey:

97.6% elementary parents feel their child is safe at school!

100% elementary parents feel their child is receiving a quality education!

BUILDING GINGER HOUSES

The third graders enjoyed a fun and sugary afternoon decorating their gingerbread houses before Christmas break. They made a beautiful display at the Elementary Concert! Thank you to all the parents for the donations of candy decorations.



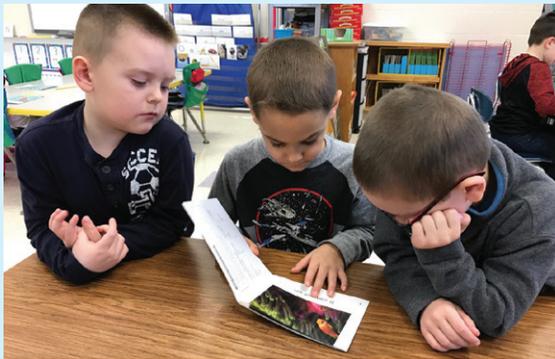
Many of the elementary teachers are using a new app with their students called "See Saw". This is a way for parents to be more aware of the activities and classwork their children are doing during the school day! Students can independently document their work with photos, videos, text, and drawings. It allows students to share not only the end product, but also the learning process to an online journal that parents, grandparents (up to 10 individuals) can view instantaneously on their Smartphone, tablet, or computer. This audience can comment, like, and encourage the student with teacher approval. The teacher controls who can view what student content, and can customize which feedback options are available in their class.

SeeSaw Application



SeeSaw strengthens the connection between school and home. It includes families in the learning process by inviting them to view updates to their child's Seesaw journal. SeeSaw's immediate, visual updates actually get seen by parents and provide encouragement for students.

The students in Mrs. Mages' kindergarten class have enjoyed sharing photos of their work, videos of themselves reading books, as well as fun activities done during the school day!



4th Grade Hosts State Fair

Cedar Mountain 4th graders put on a State Fair Each student selected a different state and researched lots of information to make a presentation with many facts and figures. They needed to include things such as climate, state map, major cities, products made, tourist information etc... On Thursday, January 26th, students held a "State Fair" in the cafeteria and showed off their hard work. Students also wore a costume and dressed as either a historical figure or a famous person from their state. Another part of the project was each student had to prepare a food that is special to their state. Great job to all of the 4th graders!



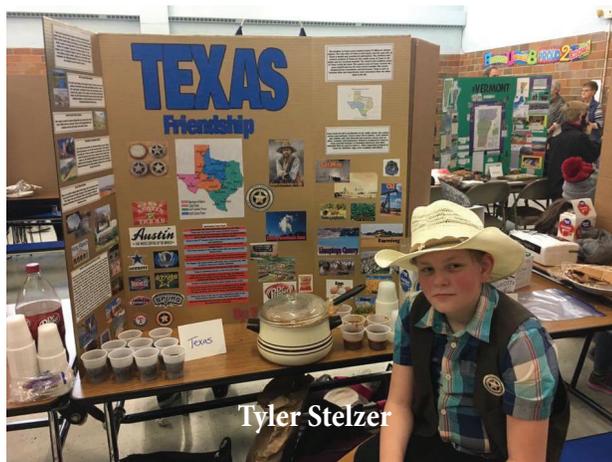
Riley Haala



Miranda Christensen



Jacob Lee



Tyler Stelzer



Blake Steffl

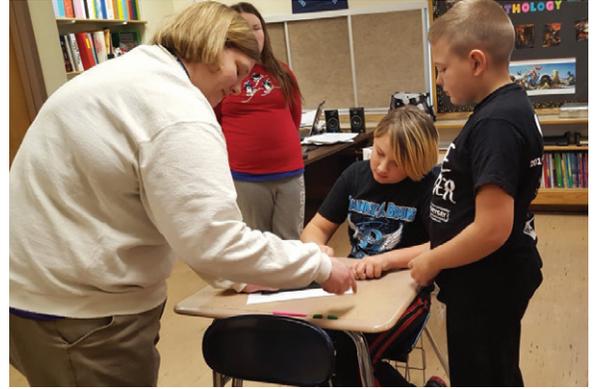
Cougar Connection



Cedar Mountain High School's after school program, Cougar Connection, continues to meet after school until 5:00 pm three days a week. We have homework time, where students can work with a paraprofessional on homework or arrange to work with a teacher also. After homework and snack time, we have some kind of educational activity, anything from working on a bulletin board, doing a craft, playing games, cooking, baking or doing science experiments. We go to Gilmor Manor also and play games and do a craft with the residents several times a year.



We also work with our local 4H/Extension group out of Redwood County and do fun and educational activities. Anyone in grades 6-12 is invited to come and transportation is available to Franklin, Morton and Redwood Falls. For more information contact Mrs. Tietz at 507-249-5990 or dtietz@cedarmt.org.



The Importance of Consistent Attendance

Consistent attendance is crucial for all of our students at Cedar Mountain School. Each and every student is a valuable asset to our school, and they are missed when they are absent. Research shows that students with consistent attendance do better academically, behaviorally, and socially. Parents, students and the community all know what a great school we have. Please help your student take advantage of the wonderful opportunities at Cedar Mountain by maintaining consistent attendance.

Our ultimate goal is for all students to be successful at school and in life. Consistent attendance will help us with that endeavor.

Tips for Improving School Attendance

1. Remember that good attendance benefits your child's education. Students who miss a day of school not only miss instruction, but must make up work and catch up with the new material at the same time.
2. The bus is a consistent way to ensure your child arrives at school in a timely manner. Arriving late can be disruptive for your child, the teacher, and other children in the class.
3. Try to schedule doctor and dentist appointments in the beginning or end of the day so that your child will only miss $\frac{1}{2}$ of a day of school.
4. Children will get coughs and colds during the winter, but it does not mean that they need to miss school. Collaborate with the school nurse if your child needs medication or cough drops to be comfortable during the day.
5. Monitor your child's attendance through our parent's access to JMC to keep track of absences. If an absence is marked unexcused and you gave your child a note or called in the absence, please contact the school secretary as soon as possible. If you do not contact the school, absences are marked as unexcused.
6. Remember that there are 174 school days out of 365 total days in the year. Families are encouraged to take vacations during summer vacation, near the holidays, or over the scheduled days of from school.
7. Keep in mind that patterns are formed early. It is more difficult to break a bad habit (children begging to stay home from school "just this once") than saying "no" in the beginning.
8. If there are reasons why your child is not coming to school (school phobia, relationships with peers, academic difficulties), please contact your school counselor, social worker or principal so that the underlying issue can be addressed





Mrs. P. Machart
Elementary
PRINCIPAL

Middle / High School

As we have reached the mid-point of the 2016-2017 school year at Cedar Mountain, we have much to celebrate. Our 1:1 Chromebook initiative has been extremely successful and has benefited all learners. Cedar Mountain is committed to staying on the cutting edge of technology in order to best prepare our students for an ever changing world. Another major accomplishment has been our intentional focus on fostering positive relationships within our schools. Our staff is working extremely hard to ensure that Cedar Mountain provides a great environment where all students feel welcomed, safe and encouraged to do their best every day. Programs such as PBIS, our newly implemented morning strength and conditioning, Cougar Connection, Yellow Ribbon, National Honor Society, Blue Crue and WE give our students an opportunity to work side by side with our staff with the goal of increasing school pride and making our school a better place.

Second semester brings about a lot of excitement and many major events that our students will participate in. Events such as the spring concert, ACT, prom, winter sports playoffs, and graduations are all positive experiences for our students and we share in the success that each student has. We ask all parents to stay active in their child's education and encourage your student to be an active participant in their learning. Cedar Mountain is committed to providing a high quality education for every student and we know that together we can achieve lofty goals. Thank you to each and every person for the efforts you make to help prepare our students for a lifetime of success.

Thank You!

Blue Crue and Yellow Ribbon would like to thank everyone who participated in the Adopt-An-Angel program and for the food donations for We Care in Morgan during the holiday season. The generosity of those that donated is much appreciated.



BLOOD DRIVE

Cedar Mountain MS/HS held a blood drive November 22, 2016 in Morgan. There were 80 people who came to give blood and 75 units were collected which exceeded the goal of 74 units. Thank you to everyone who donated, your gift of life is appreciated. There will be another drive coming up in this spring.



Cedar Mountain Community Scholarship



Cedar Mountain High School has a scholarship fund set up called the Cedar Mountain Community Scholarship. This is a scholarship that is used to enhance the future of our students who are pursuing any type of education beyond high school. Each year, the Cedar Mountain Scholarship awards several scholarships to graduating seniors.

This scholarship is available to graduating seniors through generous donations by community members and organizations. If you are interested in supporting this fund or have more questions about it, please contact Preston Palokangas, the school counselor at Cedar Mountain. I would be happy to answer any questions.

Phone: 249-5880 • Email: ppalokangas@cedarmt.org

High School Address: Cedar Mountain High School
Community Scholarship Fund
PO Box 188 • Morgan, MN 56266



Cougar AM Strength & Conditioning

Beginning in late November, Cedar Mountain athletes were given the opportunity to join a new, early morning strength and conditioning program. The program is open to all athletes in grades 7-12 and runs from 6:30AM-7:30AM on Mondays/Wednesdays/ and Thursdays. This is a highly structured and supervised program with progress being tracked by testing at the end of 12 week cycles.

We're thrilled by the number of males AND females who've shown dedication to the program. Supervisors of the program are Mike Freitag, Casey Hertz, Adam Kerkhoff, Dwane



Jemmings, Kyle Krueger, and Jeremy Robinson. The program is FREE, incentives are provided, and rides are available from Franklin at 6AM each morning. If you're interested in having your child participate, contact one of the supervisors listed above.

TECH TIPS

Tips for Finding Balance with Technology Use:

- Declare tech-free zones and times. As with most things, boundaries are good. Support your kids in trying to find balance and set limits. These rules could be as simple as no phones at dinner or no texting after 9 p.m.
- Check the ratings. Choose age-appropriate high quality media and technology for your family. These things can be especially beneficial when used to form deeper relationships, allow for creativity and exploration. Encourage kids to be creative, responsible consumers, not just passive users.
- Talk about it. Connect with your kids and support learning by talking about what they're seeing, reading and playing. Encourage kids to question and consider media messages to better understand the role media plays in their own lives.
- Help kids understand the effects of multitasking. As parents, we know that helping kids stay focused will only strengthen interpersonal skills and school performance. Encourage them to minimize distractions and manage one task at a time, shutting down social media while working online for homework or engaging in a conversation.
- Walk the walk. Put your devices away while driving, at meal times and during family time. Parent role-modeling shows kids the behavior and values you want in your home. Kids will be more open and willing participants when the house rules apply to you, too.
- Seek expert help if needed. If you observe significant negative issues with your kids' use of media and technology (for example: It's harming their mental health, disrupting their relationships or hurting their academic performance) and you don't feel equipped to address it yourself, consult your pediatrician, a psychologist, a social worker or another professional for advice.

Taken from the article: Joyce, Amy. "Teens Say They're Addicted to Technology. Here's How Parents Can Help." Washington Post. N.p., 2016. Web. 13 Jan. 2017.

WE WOMEN Empowerment



Our 8th and 12th grade WE (Women Empowerment) members enjoyed a holiday lunch together as well as a message from guest speaker Renae Groskreutz about positive self-image and healthy relationships.



CMS Celebrated the Season with Music

On December 12, Cedar Mountain MS/HS held their annual Christmas concert in Morgan for grades 6 - 12. CM Elementary held theirs on December 15 in Franklin for Preschool – Grade 5. Students did a terrific job and all should be proud of their performances. Hats off to Mrs. Jennifer Eberhard (MS/HS Music) and Mrs. Nina Kirchoefer (Elementary Music/Global) for the hard work that goes into planning and preparing for these events.



SCHOOL CENSUS: If you are new to the Cedar Mountain area or recently welcomed a new baby, please be sure to call the school and put your child's name(s) on our school census.

Call CM Elementary at 557-2251 or email bradermacher@cedarmt.org



You can help your child develop healthy habits early in life that will bring lifelong benefits. As a parent, you can encourage your kids to evaluate their food choice and physical activity habits. Here are some tips and guidelines to get you started.

1. **Be a good role model** - You don't have to be perfect all the time, but if kids see you trying to eat right and getting physically active, they'll take notice of your efforts. You'll send a message that good health is important to your family.
2. **Keep things positive** - Kids don't like to hear what they can't do, tell them what they can do instead. Keep it fun and positive. Everyone likes to be praised for a job well done. Celebrate successes and help children and teens develop a good self-image.
3. **Get the whole family moving** - Plan times for everyone to get moving together. Take walks, ride bikes, go swimming, garden or just play hide-and-seek outside. Everyone will benefit from the exercise and the time together.
4. **Be realistic** - Setting realistic goals and limits are key to adopting any new behavior. Small steps and gradual changes can make a big difference in your health over time, so start small and build up.
5. **Limit TV, video game and computer time** - These habits lead to a sedentary lifestyle and excessive snacking, which increase risks for obesity and cardiovascular disease. Limit screen time to 2 hours per day.
6. **Encourage physical activities that they'll really enjoy** - Every child is unique. Let your child experiment with different activities until they find something that they really love doing. They'll stick with it longer if they love it. Check out these activities for kids.
7. **Pick truly rewarding rewards** - Don't reward children with tv, video games, candy or snacks for a job well done. Find other ways to celebrate good behavior.
8. **Make dinnertime a family time** - When everyone sits down together to eat, there's less chance of children eating the wrong foods or snacking too much. Get your kids involved in cooking and planning meals. Everyone develops good eating habits together and the quality time with the family will be an added bonus.
9. **Make a game of reading food labels** - The whole family will learn what's good for their health and be more conscious of what they eat. It's a habit that helps change behavior for a lifetime. Learn more about reading nutrition labels.
10. **Stay involved** - Be an advocate for healthier children. Insist on good food choices at school. Make sure your children's healthcare providers are monitoring cardiovascular indicators like BMI, blood pressure and cholesterol. Contact public officials on matters of the heart. Make your voice heard.



What is your name: Prince Nyamekyeh Adarkawah

Who is in your family? I am married to Alice Dennis, and we have 2 boys, Nana Aboagye, 18 years old and Gustav, 14 years old.

Where do you currently live? Redwood Falls, MN

Where are you from? I am from Ghana, in West Africa and from the Royal Oyoko Family from the Ashanti Region.

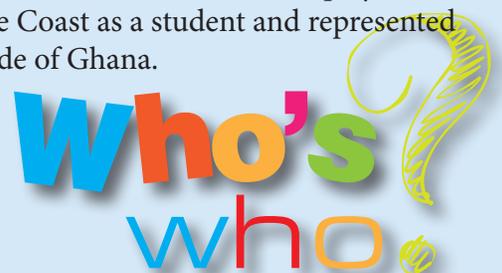
What is your educational background? I received my high school certificate in 1996, my teacher training certificate in 2002, my first degree in 2010 and masters in 2017.

What do you do at Cedar Mountain? I am a Para-Professional at CM MS/HS. I work with Mr. Krueger in the Phy. Ed classes.

Why did you come to Cedar Mountain? I needed a new challenge as a teacher and since I don't have the teaching license needed to teach in the US, I decided to start at CM as a Para-Professional.

Any other information you'd like to share? I am 39 years old and the 3rd born from a family of 5 children. I have 3 sisters and 1 brother. I lived with my parents until I completed teacher training college in 2002. I moved to Cape Coast where I stayed for 14 years before moving to the USA.

I started playing soccer at the elementary school level and finally joined a professional club named, "Maxbees Soccer Club". I had an accident in 2005 and that ended my contract with the team but I went on to play for University of Cape Coast as a student and represented them in and outside of Ghana.



Early Childhood Development

ECFE *Every Child is an Artist*

Tuesday, March 14

6:15 pm – 7:15 pm
Morgan Cafeteria



It's not too late...Join us at



What is PiYo? It's an intense cardio workout that combines the core-firming benefits of Pilates with the strength and flexibility of yoga movements, all in one class. PiYo LIVE classes are designed for all fitness levels, from beginner to advanced. It is a low impact with high intensity workout. No equipment or experience necessary!

When: Monday evenings at the MS/HS in Morgan

Time: 6:30 pm – 7:30 pm

Instr.: Lindy Kaden, *Certified PiYo Instructor*

Email: Lindy for more information or if you have questions:
lindykaden@gmail.com

No registration needed, just show up.

You may wish to bring a yoga mat (available at Walmart, online etc....). If you do not use a mat, you'll want to wear tennis shoes so you do not slip.

ECFE Hopping in to Spring

Tuesday, April 11

6:15 pm – 7:15 pm • Morgan Cafeteria



Spring ECFE Family Class

Preschoolers and Toddlers together

6:00 pm – 7:15 pm • 3 Sessions @ \$10.00

FRANKLIN
Mondays
March 20, 27
April 3



MORGAN
Tuesdays
March 21, 28
April 4

ECFE

Fun in the Sun



Tuesday, May 16

6:15 pm – 7:15 pm

Franklin Playground

Questions about ECFE? Contact Dawn Tietz at 249-5990 or dtietz@cedarmt.org or Emily Dahmes at 557-2251 or edahmes@cedarmt.org

Science & Nature *May 10*

What do you get when you combine the curious nature of students with cutting edge topics in science and technology? One of the largest and most popular science conferences for students in the country!

The Science & Nature Conference provides students a unique opportunity to work with a variety of science related subjects. It is a fun and enriching opportunity to get students excited about science. With hands-on learning and demonstrations students will get to experience a variety of interesting science sessions from animals to chemistry to technology, engineering, power, physics, the body and much more. This event is for all students in grades K-8. Chaperone required, 1 adult may accompany up to 5 students.

Early Registration Deadline: March 21, 2017
\$35/student and \$10/adult

Final Registration Deadline: March 28, 2017
\$40/student and \$12/adult

NO registrations will be accepted after midnight March 28

For more information go to: <http://www.swsc.org/Page/1559>
or contact Andrea at 507-537-2240



Cedar Mountain Community Education
Proudly Presents

CM Cougarettes

DANCE RECITAL

Saturday, February 25
11:00 AM

CM MS/HS Gymnasium

Everyone is welcome!

Doors open at 10:30 AM

\$2.00 for Adults

\$1.00 for Students (K-12) • Under 5 Free



Elementary Basketball Program

Saturdays, Feb. 4 & 11

Kindergarten: 9am – 10am

Grades 1 & 2: 10am – 11am

Friday, February 10

ALL GRADES (K, 1, 2) 3:20pm – 4:30pm

Instructor: Alissa Steve



Community Education / Youth Activities

February 15 (11:30am-1pm) - Intro to Microsoft Excel 2010

Instructor: Redwood Gazette (Lisa Drafall)

Learn basics, shortcuts, and practical uses for Excel. Learn menus, toolbars, and functions. Work with formulas, charts and graphs, cell formatting, and sorting. Learn to create worksheets and graphs. Participants must have basic computer knowledge including the use of Windows to participate successfully in this class.

February 23 (6:30-8:30pm) - Re-Purposing 101

Have you always wanted to learn the art of repurposing old furniture and knick-knacks? Aged, painted and distressed furniture is all the rage in home design. In this class, learn the art of repurposing and put your skills to use by turning old barn wood into a shelf! You will leave with a completed project after just one night. Join us for a fun evening turning junk into funk! Open to all skill levels. Registration deadline: February 16, 2017

Amanda Mathiowetz, Artist/Instructor • RVHS Art Room #154 • Cost: \$40
(Includes all supplies and materials)

March 1 (11:30am-1pm) - Intro to Computers: Windows 10

Instructor: Redwood County IT (Paul Parsons)

Do you prefer to learn at your own pace and already have a list of questions about Windows 10 and operating a computer? Have you taken a previous Windows 10 course but still have questions? This class is for you! This Question and Answer class will cover anything and everything dealing with computers, more specifically Windows 10. Instructor will come with a list of topics to cover, so no need to have a list of questions, but it is recommended. Bring your laptop if you have one, not required.

March 4 (3pm) Disney on Ice: Dream Big – Target Center

Enter a world where adventure is awaiting and courage leads the way at Disney On Ice! Through enchanted pixie-dust, Tinker Bell takes you on a journey of beloved Ariel as she yearns to explore life above the waves. Watch Rapunzel, Cinderella and Belle as they learn about the power to make their own magic. Travel to the wintry world of Arendelle with sisters Anna and Elsa, and the hilarious Olaf from Disney's Frozen as they learn that true love is the greatest magic of all. Be there to discover a whole new world with the daring Jasmine, and join Snow White, Aurora and Tiana as they remind you to always be strong, kind and fearless. Enjoy an unforgettable experience.



Registration deadline: February 17 • Depart:

Wabasso at 11:20am • RVHS at 11:45am • Fairfax at 12:15pm
\$50 (includes school bus ride & show ticket - lower level seating)

March 6 (6:00-8:00pm) - Intro to Personal Defense

We all know that using a firearm to protect your life or the life of someone else is an absolute last resort. This course offers the tactics and information to help you defend yourself without a firearm. The class will cover situational awareness, hand-to-hand tactics, protection plans, unarmed versus gun tactics, and use of force. Intro to Personal Defense is a 2-hour, all classroom course.

Registration deadline: March 1

River Valley Arms & Ammo Instructors • RVHS Board Room • Cost: \$30

April 5 (6-7:30pm) - Computer Information Security

Instructor: Minnesota Valley Technology, Inc. (Shawn Corder)

Who is in charge of your computer security? Do you know what type of AntiVirus program you use? In this class we will cover all the basics to computer safety. Learn about viruses, spam, spyware and adware, just to name a few of the security threats we deal with. We will also cover why we don't shut off our computers at night and the importance of logging off when the computer is not in use. Learn about firewalls and how to keep yourself free from being a victim of computer hacking. We will talk about Windows 10 and whether you should upgrade or not. Please bring your laptop or device if you have one (not required).

April 13 (6:30-8:30pm) - Holocaust: Nazi Concentration Camps

The Southwest Minnesota Connection, The Redwood Falls Public Library and Redwood Area Community Education have partnered to bring you a unique Holocaust experience! Join former University of St. Thomas professor and Willmar Senior High School teacher, Bill Borth, for an informative visual opportunity! The focus of this discussion will be Nazi Germany Concentration Camps from 1933-1945. Three servicemen from Kandiyohi County participated in the liberation of several Nazi Concentration Camps. They had cameras and they took pictures. Bill will share some of the actual photos and their stories. This will be a night to remember. Registration deadline: April 10

Bill Borth, Kandiyohi County Historian • RVHS Board Room • Cost \$10

April 20 (6:00-9:00pm) - Wings & Walleyes

(socialize & order food/beverage from 6-6:30, class will begin at 6:30)

What's the difference between SideVision, DownVision, and traditional sonar? Should you buy the Vexilar or the MarCum? How do you save your coordinates at year-end? In this 2 1/2 hour class, Fishing the Midwest's television show host and fishing guide, Mike Frisch, will talk about different types of sonar and GPS fishing devices and how to maximize their use for finding fish. Are you catching walleyes, but still waiting for that wall-mounter? Mike will share some of his secrets for catching walleyes in the open water. We'll talk about the different equipment choices for both jigging and bottom bouncing, in addition to providing a demonstration for both techniques. We'll talk about the power of pulling leadcore and other deep water trolling techniques. Whether you have been fishing your whole life, or you only get out a couple of times per year...everyone can learn something about the great outdoor sport of fishing. Join us for beer, Wings and Walleyes with the pro. Mike will stick around until the last question is answered! Open to ages 21 and over. Registration deadline: April 17th Thursday Mike Frisch Duffy's Bar & Grill, Redwood Falls \$33 (includes instruction, class handouts, & lure pack - food & beverage on your own)



May 3 (6-7:30pm) - Google & the G-Suite

Instructor: Darren Tighe

This class will cover the best of everything Google has to offer including Google Email, Drive, Forms, Keep, Docs, Tips, Calendar, Apps, Extensions, YouTube and more! We will provide a basic introduction to each of the applications and dive in deeper to those that the participants request. Learn basic tips and tricks of how Google can simplify your personal life and business. Get ready to get Googley in this class!

June 21 (11:30am-1pm) - Intro to iPads

Instructor: Darren Tighe

If you recently received an iPad or are thinking about purchasing one, this class is a must have! Learn how to set up your iPad, download and organize apps and how to use the many features. Please bring your iPad to class.

How do I register for the above classes/events?

Online: Go to <http://www.redwoodareaschools.com/> click on brochure, then click on the class you would like to register and it will re-direct you to the payment site.

Or

Mail: Send payment along with your name, address, phone number and class you are registering for to
100 George Ramseth Drive, Redwood Falls, MN 56283
attention to: RACC

For more information on area offerings, contact Sarah Sullivan at ssullivan@cedarmt.org or 249-5990

POSTAL PATRON

IMPORTANT dates to Remember

February 20	No School - President's Day
February 27	12:10 Dismissal - Parent Teacher Conferences
March 10	9:00 Arts & Academics Awards Program, Elementary 12:10 Dismissal - Teacher In-Service
March 16, 21	Kindergarten Connection
March 23	End of 3rd Quarter
March 24	School Day - Snow Day Make-Up
April 6	FRED Night
April 7	Grandparent's Day
April 12	12:10 Dismissal - Spring Break
April 13-17	Spring Break
April 18	MCA Pep Rally - Elementary
April 22	Prom
May 12	Year End Dance - Elementary
May 29	No School - Memorial Day
June 1	Last day of School
June 2	Graduation

CM Open Gym Reminders

- Respect yourself, others and property.
- Bring your own equipment (gym shoes, basketballs etc).
- No street shoes. • Stay in the gym areas only.
- Supervisor has final say. • All members of the communities are invited.
- Open Gym may be cancelled due to weather conditions.
- "Like" the CM Community Education page on Facebook for updates.

Morgan Open Gym
 Sundays
 6:30 pm - 8:00 pm
 Supervisor: Jim Lueken



Franklin Open Gym
 Sunday Afternoons
 Supervisor: Dave Distad
 Watch school announcements/the Facebook page for times in Franklin.

Coming Soon

LEGO Club



Franklin & Morgan sites
 Instructor: Mr. Josh Guetter
 Please watch for flyers coming home soon with more information.

55+ Driver Improvement Program Class

Where: Cedar Mountain Elementary Library in Franklin
 Dates: 4 Hour - March 20
 8 Hour: March 20 & 21
 Time: 5:30 p.m. - 9:30 p.m.
 Cost: 4 Hour - \$20
 8 Hour - \$25
 (Sorry, no discount for AARP members)



Please register by dropping off a copy of your current driver's license, what class you are registering for and payment at the school office in Franklin or Morgan or send to:
CM Schools
Attention: Community Ed.
PO Box 188 • Morgan, MN 56266